Surgical Hair Restoration

Over the past few years significant advances have been made in hair transplantation. The days of a ‘plug’ or ‘corn row’ look are long gone. Current techniques involve follicular unit grafting.

The follicular unit graft procedure involves taking a strip of hair from the back portion of the scalp. This area of scalp does not bald and will not lose hair over time. Even when transplanted, the hair will not fall out in the new area.

Using microscopes, the individual hair follicles are separated. A typical session will produce from 500 to 1,500 grafts. Patients with mild to moderate hair loss can usually be treated in one session. For some patients with severe hair loss, additional sessions spaced 3-4 months apart or larger single sessions are needed.

Once the individual hair ‘follicular units’ are separated, they must be implanted into the area of hair loss. This is done by making small incisions, the size of a follicular unit, into the scalp at varying angles and in random, controlled patterns. By varying the angle of the incision the resultant hairs lay in a more natural position. By using a random but controlled pattern, the hairline will look natural; so natural that hairstylists cannot usually detect the transplant. Before your procedure, Dr. Verret will outline the intended hairline to ensure that you and he are in agreement.

Procedures are performed on an outpatient basis using only local anesthesia. Typically, patients can return to work the day after surgery.

Anyone, of any age, is a potential candidate for hair restoration procedures. If you are interested in discussing the latest innovations in hair restoration, please call us at 972.608.0100 for a consultation. For additional information, please visit our web site at http://www.DrVerret.com.

Who is Dr. Verret?

Dr. Daniel Joseph “D.J.” Verret was born and raised in the Cajun country of South Louisiana. There, he learned Southern hospitality and the ability to treat everyone as family. He received an undergraduate degree in biomedical engineering at Tulane University and then moved to Dallas. In Dallas he completed both medical school and his residency in head and neck surgery at the University of Texas Southwestern Medical Center. He enhanced his professional skills by completing an additional year of fellowship training in facial cosmetic surgery at the University of Missouri-Columbia. His focus on hair restoration did not end with his formal training. Dr. Verret continued his education by traveling the country observing some of the world leaders in hair rejuvenation. He stays current with the latest technology by regularly attending national and international meetings, teaching at the University of Texas Southwestern Medical Center, publishing articles in peer reviewed journals, and writing book chapters in medical textbooks. His work has already been recognized and he has been rewarded with invitations to speak at both national and international facial plastic surgery meetings. He is a clinical assistant professor at the UTSW medical school, fellowship instructor for an AAFPRS fellowship, and been selected to the 2008 & 2009 D Magazine Best Doctors list. In his spare time, Dr. Verret enjoys cooking, and photography.

Why choose Dr. Verret?

There are many physicians performing hair restoration procedures but not all are created equal. Dr. Verret has spent his professional career focusing on head and neck surgery. His studies have focused on facial aesthetics and understanding the aging process. This includes understanding the natural history and reasons for hair loss and anticipating the future look so that the current procedure will last a lifetime, not just 10 or 15 years. When you come to our office, you will meet and deal directly with Dr. Verret - not a large, impersonal national corporation or untrained consultants. The procedures are performed in our state of the art office and down time is minimal. He will work with you to achieve a natural but realistic result. Call today for your consultation and learn if hair restoration is right for you.

Wish you could have a Bad Hair Day?

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Other Services Offered

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- Innovations Lift
- Surgiwire™ Wrinkle Wipe
- Hair Restoration
- Blepharoplasty (Eyelid Surgery)
- Rhinoplasty (Nose shaping)
- Classic Facelift
- Brow lift
- Rhinophyma treatment
- Facial chemical peels
- Facial laser treatment
- Chin augmentation
- Otoplasty (Ear pinning)
- Mid face lifting
- Fat augmentation
- Skin reconstruction
- Torn earlobe repair
- Acne scar revision

Non Surgical Rejuvenation
- Botox
- Restylane
- Radiesse
- Perlane
- Juvederm
- Intense Pulse Light Treatments
- Microdermabrasion
- Filler Facelift
- Physician cosmetics

Wellness Center
- Clinical Nutrition
- Homeopathy
- Traditional Chinese Medicine
- Mind-Body Counseling
- Hydrotherapy
- Botanical Medicine
- Supplementation Management
- Aging Well Program
- Personal Wellness Plan
- Natural and Complementary Medicine

Frequently Asked Questions

Will my final result look like plugs in my scalp?
No. Older techniques produced results which look like plugs in the scalp. New techniques of micrografting and minigrafting result in a natural looking hairline.

Will I need to be asleep for the procedure?
No. The procedures are performed on an outpatient basis with only local anesthesia. Occasionally a patient prefers mild sedation and we can accommodate such requests using Valium or a similar medication.

Is the procedure painful?
There is some discomfort associated with the procedure. This usually subsides by the second day after surgery. You will be given a prescription pain medicine. Most patients just take this on the day of surgery. Tylenol usually takes care of any discomfort after the first day.

Will I be black and blue with bruising and swelling?
While every patient is different, bruising and swelling are usually minimal. You will notice that over the course of the first week after surgery, you will have swelling that will go from your scalp to your forehead and down to around your eyes. This usually subsides very quickly.

Will I have to wear bandages on my head?
No. You will have no bandages of any kind. In fact, we want you to leave the transplanted area open to the air as much as possible. We suggest that you do not wear a hairpiece for a month around the time of surgery but will work with you if this is a problem.

Will I have to have sutures removed?
You will have sutures at the donor site. If you live near the office we will schedule to see you in 10-14 days for suture removal. This is a simple process and is not painful. If you live far from the office we can either help you to arrange for them to be removed in 10-14 days or we can use dissolvable sutures which will fall out on their own in about 3-4 weeks.

When can I drive?
You can drive yourself home. As long as you do not require more than the normal amount of anesthesia you can drive yourself home. It is extremely unusual for people to want sedation for this procedure, but if you elect to have sedation, you will need a driver to and from the procedure.

When will I start to see results?
New hair growth may not start for 4 to 6 months. Prior to this, stubble will fall out and the grafts will look bare. This is completely normal. Most of all, be patient during the healing process. The results will be well worth the wait.

Where will the procedure be performed?
The procedures are performed in our office. We have a procedure room and specialized equipment just for our hair restoration patients. Bring a DVD of a movie you would like to watch, pick from our limited selection, or just watch a little satellite television. We ask that you not wear earphones or glasses as they can be soiled during the procedure.

How long will surgery take?
Depending on the number of grafts and the degree of baldness, surgery may take anywhere from 4-14 hours. You will have breaks during that time however.

How long do I have to take it easy?
We ask that you avoid strenuous activity for one week after the procedure. This will prevent bleeding and aid the healing process.

When will I return to work?
You can return to work the day after the procedure. Most people will want several days recovery though to allow swelling to resolve. You will have some small red dots where the hairs are transplanted but these can be easily covered with a ball cap.

What is the ideal age for a hair transplant?
There is no ideal age for a hair transplant. The important thing to remember is what the expected balding pattern of the person is before they get a transplant. Balding will continue even after a transplant. If the surgeon is not careful he can create a hairline which will look unnatural as further hair loss occurs. This can then produce a very difficult problem if the donor site is already used.

Should I take medications after my transplant?
Yes. It would be a very good idea to start on Finasteride (Propecia®) or Minoxidil (Rogaine®) around the time of your transplant. It may not grow back hair that you have lost but it will slow the progression of hair loss.

Will the transplanted hair fall out?
No. The donor site is taken from an area which does not lose but it will slow the progression of hair loss. When transplanted, it retains this property and will not fall out even in its new location. It is important to note though that hair loss will progress. This can result in a thinning even in the transplanted area from a loss of the native hair in that area.